

MLTE  
WGL Training Course  
Course Information

**Peak Pursuits Ltd**  
Castle Hill, Nantwich Rd  
Audley, Staffordshire, ST7 8DH

T: 01782 722226 F: 01782 720475  
www.peakpursuits.co.uk



This 3 day Training course is residential and will be based in the Dark Peak region of the Peak District. We will cover all aspects of the Walking Group Leader Award Scheme.

The program will include:

- Navigation and Route Planning
- Leadership Skills
- Hazards and emergency procedures
- Camp craft
- Access and environmental issues
- Group management
- Weather

1

**Cost:** The cost of this course is £240 and a £50 non-refundable deposit is required to secure your place. All cheques/purchase orders should be made payable to Peak Pursuits Ltd. Full balance is payable 30 days before the course begins.

**Registration:** Before attending a training course you must be registered for the WGL scheme a mountain leader training board and to be a current member of the BMC or another mountaineering council. Details are available from: MLTE, Siabod Cottage, Capel Curig, Conway, LL24 0ET  
Tel: 01690 720314 E:info@mlte.orgW:www.mlte.org

**Booking:** Please send in the appropriate booking form, (available off our website) and payment or alternatively book your place on our on-line service.

**Experience:** Candidates should have at least 20 days experience of hill walking prior to attending the training course.

**Timings:** The first day of your course starts at 9am and you will finish on day 3 by 5pm.

**Accommodation:** Shared dormitory accommodation will be provided for the first night and you will be required to camp for the second night.

**Meals:** Please bring a packed lunch for day 1 and you will be required to bring food for the overnight camp other meals will be provided by the accommodation.  
For the overnight camp you will require: 1 evening Meal; 1 Breakfast and 1 packed lunch.

## Programme:



	<b>Day 1</b>	<b>Day 2</b>	<b>Day 3</b>
<b>Morning</b>	Introduction – outline of the course and syllabus The role of the Mountaineering councils Intro to Navigation Equipment personal and group	Weather – sources and interpretation Overnight camp planning and preparation Route planning	Party leadership Water hazards Emergency procedures
<b>Afternoon</b>	Navigation Route finding and micro navigation	Camp craft – location of and pitching tents using stoves cooking and suitable foods. Group and personal hygiene. Camp organisation Navigation day into night	Logbooks  Review and action plans
<b>Evening</b>	Leader responsibilities Access and conservation	Night navigation	

Note please that this program is flexible and may be subject to change.

**Personal equipment:** You should bring along your own personal climbing equipment. (Some equipment is available from Peak Pursuits please contact the office to discuss)

- Walking boots
- Waterproofs
- Rucksack(day sack)
- Spare clothes
- Compass
- Head torch
- Personal first aid kit
- Hat and gloves
- Pen and paper
- Maps(OS Outdoor Leisure 1 The Peak District Dark Peak area laminated or with case)
- Sun cream/insect repellent
- MLTE log book and syllabus
- Personal first aid kit
- Sleeping bag
- Sleeping Mat
- Rucksack for overnight camp
- Stove and fuel and matches
- Tent

- Food
- Mug and cutlery

### Check List

- Completed booking form
- Payment
- Have a minimum of 20 days quality hill walking experience
- Be registered with a MLT board on the WGL scheme

MLTE  
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Booking Form  
Please use **BLOCK CAPITALS** and complete  
all pages

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**Course Date:**

Supporting Organisation  
(if any):

**Personal Details:**

Surname:

First Name:  Title:

Occupation:  Nationality:

Date of Birth:

Home Address:

Postcode:

Telephone:  Mobile:

Email:

**MLT Candidate Number:**

If you have not registered yet, please contact the MLTE for a registration form: 01690 720314 or go to [www.mlte.org](http://www.mlte.org)

**Payment:**

To confirm a place on the course, I enclose:

- (Please tick as appropriate)  Non-refundable deposit of £50.00  
(remainder to be paid at least 30 days before the start of the course)  
 Full Payment  
 Purchase order for the full amount due  
 I have paid online via [www.peakpursuits.co.uk](http://www.peakpursuits.co.uk)

All cheques/purchase orders should be made payable to **Peak Pursuits Ltd**



**INDEMNITY FORM – FOR AGED 18 & OVER  
TO BE COMPLETED AND SIGNED BEFORE PARTICIPATING IN ANY  
ACTIVITY.**

**Activities to include one or more of the following:** Teambuilding, Rock Climbing, Snowboarding, Skiing, Canoeing, Kayaking, Mountain Biking, Fencing, Scrambling, Trekking, Archery, Hill / Mountain Walking, Orienteering, Raft Building, Abseiling, Indoor Caving & Climbing, Mountain Boarding, Fencing, DJ Skills, Music Production, Drumming, Art & Graffiti, Breakdancing and any other activity which may be added which will be included in our insurance policy.

**Group Name**

**Name of candidate**

**Date of Birth**

**Date of Activity**  **Time of Activity**

Do you suffer from any conditions requiring medical treatment, including medication?	Yes/No
If Yes please provide sufficient details.	
To the best of your knowledge, have you been in contact with any contagious or infectious diseases or suffered from anything that may become contagious in the last four weeks	Yes/No
Are you allergic to any medication?	Yes/No
If Yes please provide sufficient details.	
Are you up to date with Tetanus Injections?	Yes/No
I agree to inform Peak Pursuits in writing as soon as possible of any change in the medical circumstances between the date signed and the start of the activity.	Yes/No
I agree receive emergency medical treatment, including anaesthetic, as considered necessary by the medical authorities present.	Yes/No
Do you have any special dietary requirements?	Yes/No
If Yes please provide sufficient details.	



For water based activities can you swim 50 metres?	Yes/No
I understand that activities such as climbing, hill walking, mountaineering, mountain biking, canoeing and any other outdoor activities carry a risk of personal injury and fatality.	Yes/No
I understand extent and limits of the insurance cover provided. Certificates are available for viewing at the Peak Pursuits office.	Yes/No
I give my permission for any photographs to be taken, whilst involved in the event/activity, to be used for display or publicity purposes and may also be used on the Peak Pursuits website.	Yes/No

No insurance is offered for the loss or damage to property during the activity.  
 I authorise the leader of the group to make emergency decisions on my behalf, including the giving of permission for medical treatment on the advice of the medical authorities present having taken the following medical information into account.

**My Home Address is:**

**I may be contacted by telephoning the following numbers:**

6

**Home:  
 Mobile:  
 Work:**

**In the event of an emergency please contact:**

**Name:  
 Address:**

**Telephone:**

**Please provide Doctors details:**

**Name:  
 Address:**

**Telephone:**

**Signed:**

**Date:**

